

CENTRAL UNIVERSITY OF JAMMU
Syllabus for NCC elective course (II Semester)

Semester-II

Course Title: NCC- General

Credits: 2

Contact Hours / Week: 2

Course Learning Outcomes (CLOs): After completion of course, the student will learn:

- Basics of the NCC
- Provide leadership in all walks of life and always available for the service of the nation
- Will be motivated to take up a career in the Armed Forces.
- Inculcate a spirit of adventure and team work

Examination Schedule			
CIA	MSE	ESE	Total
12.5	12.5	25	50

COURSE CONTENT

Unit I: The NCC

- 1.1 Aims and Objectives of NCC, Organisation and Training ,NCC Song, Incentives of Joining NCC
- 1.2 Religions, Culture, Traditions and Customs of India, National Integration: Importance and Necessity Problems/ Challenges of National Integration.
- 1.3 Civil Defence Organization and its duties/ NDMA, Types of emergencies/ Natural Hazards, Role of NCC during Natural Hazards/ Calamities
- 1.4 Characteristics of a rifle/ rifle ammunition and its fire power, Range precautions and safety precautions

Unit II: Personality Development and Leadership

- 2.1 Introduction to Personality development, Factors influencing/shaping personality: Physical, Social, Psychological and philosophical
- 2.2 Self Awareness – know yourself, Critical and creative thinking, Communication skills: group discussions/lectures
- 2.3 Effects of leadership with historical examples, Problem solving skills, SSB procedure & Interview skills
- 2.4 Importance of group and team work, Coping with stress / emotions, Public Speaking.

Unit III: Health and Hygiene

- 3.1: Hygiene and sanitation (Personal and Food Hygiene), Physical and mental health
- 3.2 Infectious and contagious diseases and its prevention
- 3.2 Basics of first aid in common medical emergencies ,Wounds and fractures,

4 Introduction to yoga and exercise

Teaching -Learning Process

Teaching process includes

- Class teaching in physical mode
- Recommending and using standard books and Apps
- Power point and animation video on Armed forces
- Periodic interaction and discussion on previous completed concepts
- Problem solving assignment
- Field based training on Drill

6. Assessment methods

Progress towards achievement of learning outcomes may be assessed using the following:

- Practical on DST (Drill Squad Test)
- Oral presentations, including seminar presentation;
- Viva voce interviews
- Exams in regular intervals

7. Attendance Requirements:

Students are expected to attend all lectures in order to be able to fully benefit from the course. A minimum of 75% attendance is a must, failing which a student may not be permitted to appear in examination.

Suggested Readings:

- 1) NCC: Handbook of NCC Cadets for 'A', 'B' and 'C' Certificate Examinations ,
R.K. Gupta
- 2) NCC Cover Common Selection, Arihant Experts
- 3) Territorial Army (PIB) Examination Book (2022), ISBN: 978-93-5406-079-3
- 4) RED Book, NCC, India, www.indiancc.nic.in
- 5) NCC Army Wing (Covers Both Common & Special Subjects), RPH Editorial Board,
Ramesh Publishing House