

**DEPARTMENT OF SOCIAL WORK  
CENTRAL UNIVERSITY OF JAMMU  
END SEMESTER EXAMINATION  
Semester IV**

**Course No.:** PSSSW4C001T

**Course Title:** Health and Mental Health.

**Roll No.**

**Maximum Marks: 100**

**Time: 3 Hrs**

- Section A contains 10 MCQs and all are compulsory. (10x 1.5=15)
- Section B contains 10 short answer questions of 8 marks each with internal choices. Any 5 should be attempted. (5x8=40)
- Section C contains 5 long answer questions of 15 Marks each. Any 3 should be attempted. (3x15=45)

**SECTION A**

**Q. No. 1: Sleep deprivation leads to:**

- |                                |                            |
|--------------------------------|----------------------------|
| A.) Psychotic behavior         | C.) emotional disturbances |
| B.) decreased mental alertness | D.) Anxiety                |

**Q. No. 2: Behavior analysis: an approach to psychopathology is based upon the principles of:**

- |                            |                      |
|----------------------------|----------------------|
| A.) Classical Conditioning | C.) Dream Analysis   |
| B.) Operant Conditioning   | D.) All of the Above |

**Q. No. 3. The National Mental health policy of India was enacted in the year.....**

- |          |          |
|----------|----------|
| A.) 1985 | C.) 1987 |
| B.) 1989 | D.) 1990 |

**Q. No. 4: Emotionally intellectual person can:**

- |                                  |  |
|----------------------------------|--|
| A.) Accurately perceive emotions | C.) Disregards emotional meaning           |
| B.) Think without emotions       | D.) Has difficulty in managing on emotions |

**Q. No. 5: A child is born with some:**

- |               |                   |
|---------------|-------------------|
| A.) Qualities | C.) Innate drives |
| B.) Ego       | D.) All of these  |

**Q. No. 6: What is the result of emotional immaturity?**

- |              |                      |
|--------------|----------------------|
| A.) Struggle | C.) Frustration      |
| B.) Anger    | D.) All of the above |

**Q. No. 7: Patient's Response to false sensory stimuli in the absence of the actual external stimulus:**

- |                   |                   |
|-------------------|-------------------|
| A.) Hallucination | C.) Emotion       |
| B.) Delusion      | D.) Schizophrenia |

**Q. No. 8. Agro phobia is a fear of**

- |            |            |
|------------|------------|
| A.) Height | C.) Blood  |
| B.) Crowd  | D.) Animal |

**Q. No. 9: .....is disorder - which are characterized by intrusive and recurring thoughts that the individual finds disturbing and uncontrollable, or compulsions - which are ritualized behavior patterns that the individual feels driven to perform in order to prevent some negative outcome happening**

- A.) Mood Disorders
- B.) Obsessive-Compulsive Disorder

- C.) Phobic Anxiety Disorder
- D.) Dissociative Disorder

**Q. No. 10: ....., is a form of Defense mechanism is directing the unacceptable motives into socially constructive channels.**

- A.) Projection
- B.) Rationalization

- C.) Repression
- D.) Sublimation

### **SECTION B**

#### **UNIT 1**

1. Elaborate the prevention and treatment of communicable and non communicable diseases?  
OR
2. Define Health and discuss its various dimensions?

#### **UNIT 2**

3. Discuss the organization and management of social work department in hospitals?  
OR
4. Conceptualize the rehabilitation and follow up Process?

#### **UNIT 3**

5. Discuss the concept of Mental Health?  
OR
6. Define Psychiatric Social work?

#### **UNIT 4**

7. Write brief Note on Occupational Therapy unit?  
OR
8. Analyze National mental health Act, 1987.

#### **UNIT 5**

9. Discuss the role of social worker in context of medical and social work ethics?  
OR
10. Write note on the role of Social worker in Palliative care patient treatment or terminally ill patient?

### **SECTION C**

1. Discuss the causes, prevention and control measures of Nutrition and deficiency disorders?
2. Write a note on, concept, history and scope of Medical Social Work?
3. Discuss the various forms and effects of Substance Abuse?
4. Discuss the persons with disabilities Act, 1995?
5. Discuss the role of Medical Social Worker in health and Mental Health?