

National Adventure Camp, Manali [21st – 30th Oct, 2016]

The NSS volunteers of Central University of Jammu attended the National Adventure Camp Organized by Ministry of Youth Affairs & Sports, Government of India, which has been organizing adventure camps at the national level since past many years for the NSS volunteers all over the country.

In the year 2016, the annual NSS national adventure camp was organized at Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports (ABVIMAS) situated at Manali, Dist (Kullu), Himachal Pradesh (HP). The primary activities that took place during this camp were rock climbing, rappelling, river crossing, trekking, artificial wall climbing, and many others. This camp constituted to 764th Ten (10) Day programme conducted by ABVIMAS from 21st to 30th October, 2016 and it had participation from the NSS state units of J&K, Chandigarh and Andhra Pradesh with a total of 60 NSS volunteers (boys & girls) and 5 Programme Officers. 10 NSS volunteers of NSS unit of CUJ were part of this national adventure camp. The 10 day adventure camp started with about three days of acclimatization and training sessions to prepare the volunteers for further trek up to **Beas Kund (12,500 ft.)**. This training included various adventure activities too like rock climbing, rappelling and knot management.



Further the volunteers trekked up to **Solang Valley (8,400 ft.)**, then to **Anjani Mahadev** and returned back to Solang Valley and stayed at the Ski – Centre of ABVIMAS. The volunteers then trekked and camped on temporary base of ABVIMAS at **Dhundi (9,500 ft.)** on the following day. On the days following, the volunteers trekked to **Bakharthach Axis (11,800 ft.)** and then to the final destination Beas kund, the glacier from where '**Beas**' originates. On the final day, Sh. Inder Dev Sharma, SMRI, ABVIMAS felicitated the volunteers with certificates and badges.